

# LUNCH

## September

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|                                                                                                  | 1<br>BBQ Chicken<br>Oven-Roasted Potatoes<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br><i>Soy Chicken for Vegetarian</i>             | 2<br>Crispy Chicken Slider<br>w/ Tater Tots<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br><i>Soy Chicken for Vegetarian</i> | 3<br>Corn Dog<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br><i>Soy Beef for Vegetarian</i>                                                     | 4<br>Cheese Quesadilla<br>Spanish Rice<br>Organic Steamed Veggies<br>Fresh Organic Fruit                                             |
| 7<br>           | 8<br>Chicken w/ Cheesy Broccoli<br>and Rice<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br><i>Soy Chicken for Vegetarian</i>           | 9<br>Beef Sliders w/<br>Tater Tots<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br><i>Soy Beef for Vegetarian</i>             | 10<br>World Famous 4-Star<br>Mac & Cheese<br>Organic Steamed Veggies<br>Fresh Organic Fruit                                                           | 11<br>Cheese-Filled Soft Breadsticks w/<br>Marinara Dipping Sauce<br>Organic Steamed Veggies<br>Fresh Organic Fruit                  |
| 14<br>Veggie Chili<br>Organic Steamed Veggies<br>Fresh Organic Fruit                             | 15<br>Greek Chicken w/ Rice<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br><i>Soy Chicken for Vegetarian</i>                           | 16<br>Olife Ole Taco Bar<br>Spanish Rice<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br><i>Soy Beef for Vegetarian</i>       | 17<br>Panko-Crusted Chicken Tenders<br>Creamy Whipped Potatoes<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br><i>Soy Chicken for Vegetarian</i> | 18<br>Chicken Enchiladas<br>w/ Rice<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br><i>Soy Chicken for Vegetarian</i>           |
| 21<br>SCHOOL CLOSED                                                                              | 22<br>Cider-Glazed Chicken<br>Creamy Whipped Potatoes<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br><i>Soy Chicken for Vegetarian</i> | 23<br>Grass-Fed Beef Sliders w/<br>Tater Tots<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br><i>Soy Beef for Vegetarian</i>  | 24<br>Orange Chicken with<br>Chow Mein Noodles<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br><i>Soy Beef for Vegetarian</i>                    | 25<br>Grill Chicken Salad Ranch<br>w/Tomato Soup<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br><i>Soy Beef for Vegetarian</i> |
| 28<br>Organic Pasta w/<br>San Marzano Marinara<br>Organic Steamed Veggies<br>Fresh Organic Fruit | 29<br>Arroz Con Pollo<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br><i>Soy Chicken for Vegetarian</i>                                 | 30<br>Italian Beef<br>w/Tater Tots<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br><i>Soy Beef for Vegetarian</i>             |                                                                                                                                                       |                                                                                                                                      |

# October

## LUNCH

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|                                                                                                  |                                                                                                                                      |                                                                                                                           | 1<br>Cheese Quesadilla<br>Spanish Rice<br>Organic Steamed Veggies<br>Fresh Organic Fruit                                                       | 2<br>Turkey Sub Sandwich<br>Sweet Potato Fries<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Tofurky for Vegetarian |
| 5<br>World Famous 4-Star<br>Mac & Cheese<br>Organic Steamed Veggies<br>Fresh Organic Fruit       | 6<br>Cider-Glazed Chicken Creamy<br>Whipped Potatoes<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Soy Chicken for Vegetarian | 7<br>Grass-Fed Beef Sliders w/<br>Tater Tots<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Soy Beef for Vegetarian | 8<br>Lunchables<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Soy Chicken for Vegetarian                                                | 9<br>SCHOOL CLOSED                                                                                                         |
| 12<br>SCHOOL CLOSED                                                                              | 13<br>Greek Chicken w/ Rice<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Soy Chicken for Vegetarian                          | 14<br>Pasta w/Slow-Cooked<br>Bolognese<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Soy Beef for Vegetarian       | 15<br>Panko-Crusted Chicken Tenders<br>Creamy Whipped Potatoes<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Soy Chicken for Vegetarian | 16<br>Cheese-Filled Soft Breadsticks w/<br>Marinara Dipping Sauce<br>Organic Steamed Veggies<br>Fresh Organic Fruit        |
| 19<br>Cheese Tortellini w/<br>Marinara Sauce<br>Organic Steamed Veggies<br>Fresh Organic Fruit   | 20<br>BBQ Chicken<br>Oven-Roasted Potatoes<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Soy Chicken for Vegetarian           | 21<br>Olife Ole Taco Bar<br>Spanish Rice<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Soy Beef for Vegetarian     | 22<br>4-Cheese Ravioli<br>w/Marinara Sauce<br>Organic Steamed Veggies<br>Fresh Organic Fruit                                                   | 23<br>Chicken Enchiladas<br>w/ Rice<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Soy Chicken for Vegetarian        |
| 26<br>S Shepard Pie<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Soy Beef for Vegetarian | 27<br>Orange Chicken with<br>Chow Mein Noodles<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Soy Beef for Vegetarian          | 28<br>Roast Beef Sandwich<br>w/Chips<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Soy Beef for Vegetarian         | 29<br>Arroz Con Pollo<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Soy Chicken for Vegetarian                                          | 30<br>Organic Pasta w/<br>San Marzano Marinara<br>Organic Steamed Veggies<br>Fresh Organic Fruit                           |

# November

## LUNCH

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| <p>2</p> <p>Italian Incredible 4-Cheese Lasagna<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit</p>                      | <p>3</p> <p>Cider-Glazed Chicken Creamy Whipped Potatoes<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit<br/>Soy Chicken for Vegetarian</p> | <p>4</p> <p>Olife Ole Taco Bar<br/>Spanish Rice<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit<br/>Soy Beef for Vegetarian</p> | <p>5</p> <p>Crispy Chicken Slider w/ Tater Tots<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit<br/>Soy Chicken for Vegetarian</p>    | <p>6</p> <p>SCHOOL CLOSED</p>                                                                           |
| <p>9</p> <p>Cheese-Filled Soft Breadsticks w/ Marinara Dipping Sauce<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit</p> | <p>10</p> <p>Greek Chicken w/ Rice<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit<br/>Soy Chicken for Vegetarian</p>                       | <p>11</p> <p>Pasta w/Creamy Alfredo Sauce<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit</p>                                   | <p>12</p> <p>BBQ Chicken<br/>Oven-Roasted Potatoes<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit<br/>Soy Chicken for Vegetarian</p> | <p>13</p> <p>Cheese Tortellini w/ Alfredo Sauce<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit</p> |
| <p>16</p> <p>Italian Incredible 4-Cheese Lasagna<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit</p>                     | <p>17</p> <p>Chicken w/ Cheesy Broccoli and Rice<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit<br/>Soy Chicken for Vegetarian</p>         | <p>18</p> <p>Arroz Con Pollo<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit<br/>Soy Chicken for Vegetarian</p>                 | <p>19</p> <p>Pasta w/Meatballs in Tomato-Basil Sauce<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit<br/>Soy Beef for Vegetarian</p>  | <p>20</p> <p>SACK LUNCHES</p>                                                                           |
| <p>23</p> <p>SCHOOL CLOSED</p>                                                                                               | <p>24</p> <p>SCHOOL CLOSED</p>                                                                                                                  | <p>25</p> <p>SCHOOL CLOSED</p>                                                                                                      | <p>26</p>                                            | <p>27</p> <p>SCHOOL CLOSED</p>                                                                          |
| <p>30</p> <p>Organic Pasta w/ San Marzano Marinara<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit</p>                   |                                                                                                                                                 |                                                                                                                                     |                                                                                                                                           |                                                                                                         |